

RESPECT, MENTORSHIP, AND LEARNING TOGETHER

August 2026

Every Generation Has Something to Teach

Our teams are stronger because they bring together people with different experiences, ages, and perspectives.

In homecare, diversity shows up every day in how we problem-solve, communicate, and support one another.

This month, we are celebrating intergenerational inclusion; learning across experience, and respecting the unique strengths every person brings.

Quick Tips: Celebrate Differences

- Be patient with different work speeds and styles
- Ask for feedback from someone outside of your age or experience group.
- Value “how we have always done it” and “what if we tried this instead?”
- Keep learning. Curiosity is timeless.

Learning Both Ways

Inclusion grows when we recognize that learning is a two-way street.

Younger coordinators might bring new digital tools and fresh energy; experienced staff offer wisdom, patience, and perspective.

Ways to bridge generations at work:

- Ask, don't assume. “How do you like to learn?” or “What works best for you?”
- Acknowledge different communication preferences (text, call, email).
- Celebrate both innovation and tradition

When we combine energy with experiences, everyone wins!

References

- Canadian Centre for Diversity and Inclusion: Age Diversity in the Workplace Toolkit
- Workplace Strategies for Mental Health: Bridging Generational Differences
- Canadian HR Reporter: Mentorship and Multigenerational Teams