

TOGETHER WE THRIVE: COLLABORATION AND COMMUNITY CARE

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Inclusion Grows When We Work Together

Summer brings energy, connection, and a reminder that teamwork makes everything possible.

In homecare and scheduling, collaboration is our foundation, and inclusion is the key that keeps it strong.

When we listen, share, and support one another, we don't just get the job done.. we grow together.

The Power of Collaboration

Every schedule, client call, and shift change depends on teamwork. But true collaboration also means understanding how others work best and adapting with empathy.

Inclusive collaboration looks like:

- Asking for input before finalizing big changes
- Sharing credit for wins - every role matters
- Respecting different communication styles
- Supporting one another when workloads shift

We are strongest when everyone's strengths are recognized.

Quick Tips: Support Each Other in Busy Times

- Offer to help a teammate before they ask
- Celebrate effort and kindness, not just results
- If you notice burnout signs, check in and listen
- Remember teamwork isn't about doing it all, it's about doing it together

RESOURCES

- Workplace Strategies for Mental Health: Team Connection Tools
- CCDI: Inclusive Collaboration Practices
- Canadian Red Cross: Community Care and Mutual Support Resources